**Initial Comprehensive Medical Evaluation**

Date: 07/17/2019

RE: Steve Rogers

DOB: 7/4/1920

1st Evaluation

**CHIEF COMPLAINTS:**

On 07/17/2019, Mr. Steve Rogers, a right-handed 99-year-old male presents with complaints of pain in the head which occurred on the date of 07/19/2019. The patient was seen at the Test, NJ office located at 1 Elm St.

**HISTORY OF PRESENT ILLNES:**

The patient is a 99-year-old male who presents today in the clinic for MVA. Patient states that due to a previous condition, he had treatment to the body parts hand, leg, back. Motor vehicle accident

**REVIEW OF SYSTEMS:**  The patient denies seizures, chest pain, shortness of breath, jaw pain, abdominal pain, fevers, night sweats, diarrhea, bowel/bladder incontinence, double vision, hearing loss, recent weight loss, episodic lightheadedness and rashes.

**PAST MEDICAL HISTORY:**  Astigmatism, arrhythmia, scoliosis, palpitations, high blood pressure, scarlet fever, pernicious anemia.

**PAST SURGICAL / HOSPITALIZATION HISTORY:**  Noncontributory.

**MEDICATIONS:**  None.

**ALLERGIES:**  No known drug allergies.

**SOCIAL HISTORY:**  Patient works as unknown.

**PHYSICAL EXAM:**

**General:** The patient presents in an uncomfortable state.

**Neurological Exam:** Patient is alert and cooperative and responding appropriately. Cranial nerves II-XII grossly intact.

**Deep Tendon Reflexes:** Are 2+ and equal.

**Sensory Examination:** It is intact.

**Manual Muscle Strength Testing:** Is 5/5 normal.

**GAIT:** Normal

**Diagnostic Studies:** None reviewed.

**Diagnosis:**

**Plan:**

**Procedures:** If the patient continues to have tender palpable taut bands/trigger points with referral patterns as noted in the future on examination, I will consider doing trigger point injections.

**Care:** Acupuncture, chiropractic and physical therapy. Avoid heavy lifting, carrying, excessive bending and prolonged sitting and standing.

**Goals:** To increase range of motion, strength, flexibility, to decrease pain and to improve body biomechanics and activities of daily living and improve the functional status.

**Precautions:** Universal. Patient education provided via physician, printed material and online website references.

**Follow-up:** 2-4 weeks



Gurbir Johal, M.D.